



# MADISON LITTLE LEAGUE

## Program Participation Guidelines

All players, coaches, umpires, spectators, volunteers and other attendees (“participants”) in Madison Little League (“MLL”) activities must adhere to the guidelines required by the New Jersey Department of Health ([NJDOH Guidance for Sports Activities](#)) and the guidelines set forth in this document. The primary concern is the health and safety of all participants in MLL activities. MLL reserves the right to amend and/or supplement these guidelines as deemed necessary.

All players and coaches must sign a Borough of Madison Athletic Waiver and Madison Little League Waivers prior to participation in any baseball activities. Waivers should be signed as part of the TeamSnap Player or Volunteer registration process, or signed in hard copy and returned to MLL.

MLL coaches and volunteers are responsible for enforcing the NJDOH and MLL guidelines during baseball activities. Coaches and volunteers are responsible for keeping an attendance list of players, coaches and umpires who participate in each baseball activity, which must be returned to MLL at the conclusion of the activity. This list can be in the form of a roster in the MLL TeamSnap app with participant availability for the activity correctly marked.

### **Prior to Arrival at Baseball Activities**

- Participants should refrain from participating in and/or attending any baseball activities if:
  - 1) You or any member of your household are not feeling well;
  - 2) You or any member of your household are experiencing symptoms of COVID-19;
  - 3) You or any member of your household have been exposed to a person with COVID-19 within the past 10 days;
  - 4) You or any member of your household are subject to quarantine; and/or
  - 5) You are not comfortable with the guidelines set forth by the NJDOH or MLL.

### **Personal Protective Equipment**

- Participants must bring their own face coverings and hand sanitizer to all baseball activities.
- Coaches should wear face coverings when six feet of social distancing is not possible.
- Players and coaches should wear face coverings when not actively engaged in vigorous activity (e.g., arriving to or departing from field, sitting on the bench/dugout, during breaks, etc.).
- Face coverings do not need to be worn when actively engaging in baseball activity or when doing so would inhibit an individual’s health. Players and coaches are permitted to wear face coverings at any time if desired.
- Umpires should wear face coverings.
- Spectators should wear face coverings when six feet of social distancing is not possible.

### During Baseball Activities

- **Healthy Practices** – Participants should practice good hygiene by regularly washing their hands with soap and water or using hand sanitizer during baseball activities. Avoid touching eyes, nose and mouth. Players and coaches should avoid unnecessary contact during baseball activities. Contact activities including handshakes, high-fives, team huddles, fist bumps, chest bumps, group celebrations and similar activities are prohibited. Participants should refrain from spitting at all times.
- **Social Distancing** – Participants are expected to maintain safe social distance of at least six feet from other participants whenever possible.
- **Signage** - Participants should obey posted signs and field markings during baseball activities to maintain social distancing.
- **Arrival/Departure** – Parents/guardians should arrive on time at the beginning and conclusion of the baseball activity. This will help limit contact between groups.
- **Check In/Arrival at Baseball Activities** – All participants in any organized activity must respond to a set of screening questions prior to participation in an MLL activity.
  - 1) For MLL team participants, the results of this screening must be recorded and reported to MLL using the "My Health Check" function in the MLL TeamSnap mobile app. The MLL Manager or Coach is responsible for confirming the status of each participant, and only allowing those with "Clear" status to participate in the activity.
  - 2) For players, coaches, umpires and other participants who are not part of an MLL team, the screening questionnaire must be administered using the forms provided for that purpose. If only one team participating in an activity is a local Madison team, the coach of the Madison team is responsible for ensuring that the screening questionnaire is administered to all participants of the opposing team immediately upon the opponent's arrival at the facility.
- **Dugouts** – Bleachers or other benches may be designated as extensions of the dugouts to allow for proper distancing. If such areas are indicated, Managers must utilize them, and spectators are not permitted on them.
- **Player Equipment** – Players must bring their own bat, glove and batting helmet. Players should only touch their own equipment. Parents/guardians are encouraged to clean and disinfect equipment after each baseball activity. MLL can loan a player a bat and/or batting helmet to use for the season, which must be returned at the end of the season cleaned and disinfected.
- **Baseballs** – Sharing of baseballs should be kept to a minimum. During game situations, each team should use their own baseballs while on defense.
- **Groups Assignments** – Players will be assigned to groups and/or teams and should avoid unnecessary mixing/mingling between groups.
- **Drinks and Snacks** – Players and coaches must bring their own water, drink and/or snacks to activities, which cannot be shared with others. Gum, sunflower seeds and similar foods are not permitted during any baseball activities.

- **Breaks** – Water/drink, restroom and other breaks will be conducted in a manner to promote safety and social distancing. Face coverings should be used during breaks except while eating and/or drinking. Hand washing and/or hand sanitizer must be used before and after breaks.
- **Symptoms of COVID-19** – If any participant experiences any symptoms of COVID-19 during any baseball activities, that participant, along with any other participants who have had close contact with that participant, should be separated and sent home immediately.

### **COVID-19 Resources**

The following resources should be consulted in addition to these guidelines. Clicking each name will open the resource in a new window.

- [Borough of Madison Recreation Department COVID-19 Information Youth Sports](#)
- [CDC Considerations for Youth Sports](#)
- [CDC Symptoms of Coronavirus](#)
- [CDC Public Health Guidance for Community-Related Exposure](#)
- [CDC/EPA Guidance for Cleaning and Disinfecting](#)